

What is tchoukball ?

Tchoukball, key points !

- Invented in the 1970's, this sport has a strong educational power.
- Playing involves asserting oneself without dominating somebody else
- Thanks it's adapted rules, it is played without aggressiveness and violence.
- This sport can be played by mixed teams and can be adapted to the individual's physical profile.
- This sport is accessible and attractive for beginners and is also physical and spectacular at a competitive level.